



MEXICAN FIESTA BOWL



1 SERVINGS



25 MINS

CALORIES
514

PROTEIN
12G

FATS
15G

CARBS
82G

INGREDIENTS

- 1 cup cooked brown rice with lime and cilantro
- ½ cup black beans
- ¼ cup roasted corn
- ¼ cup diced avocado
- ¼ cup diced tomatoes
- ¼ cup shredded lettuce
- 2 tablespoons cashew cream or guacamole
- Fresh cilantro and lime wedge for garnish

METHOD

1. Mix cooked brown rice with lime juice and chopped cilantro.
2. Arrange rice as the base in your bowl, then top with black beans, corn, avocado, tomatoes, and lettuce.
3. Add a dollop of cashew cream or guacamole and garnish with fresh cilantro and a lime wedge.

Pro Tip: To prevent avocado from browning when meal prepping, squeeze extra lime juice over it or add it fresh just before eating.