

# CAPRESE AVOCADO TOAST



## Ingredients:

- 2 slices whole-grain bread, toasted
- ½ avocado, mashed
- 1 medium tomato, sliced
- 2 oz fresh mozzarella, sliced
- 5-6 fresh basil leaves
- 1 teaspoon extra virgin olive oil
- 1 teaspoon balsamic glaze
- Salt and pepper to taste

## Instructions:

1. Spread mashed avocado on toasted bread.
2. Layer tomato slices and mozzarella on top.
3. Add fresh basil leaves.
4. Drizzle with olive oil and balsamic glaze.
5. Season with salt and pepper.

