

# GRILLED VEGETABLE AND HUMMUS SANDWICH



## Ingredients:

- 2 slices whole-grain bread
- 3 tablespoons hummus
- ½ small zucchini, sliced lengthwise
- ½ small bell pepper, sliced
- ¼ small eggplant, sliced
- ½ tablespoon olive oil
- 1 teaspoon balsamic vinegar
- 1 teaspoon Italian herbs
- ¼ cup baby spinach

## Instructions:

1. Brush vegetables with olive oil and sprinkle with herbs.
2. Grill or roast vegetables until tender and slightly charred.
3. Spread hummus on both slices of bread.
4. Layer grilled vegetables and spinach on one slice.
5. Drizzle with balsamic vinegar and top with the second slice.

